

Eclipse Gymnastics Club are fully committed to safeguarding and promoting the wellbeing of all our members. The club believes it is important that members, coaches, administrators and parents associated with the club should show respect and understanding for the safety and welfare of others. The club has Gymmark status which shows that B.G recommend us as a child friendly club.

### **EMERGENCY PROCEDURES**

Fire instructions are posted throughout the facility and helpers/coaches should make themselves and all participants familiar with the instructions and the placements of exits throughout the building. In the event of a fire or other alert

you must: -

- Leave the building by the nearest exit.
- Do not stop to collect personal belongings.
- Go immediately and report to the assembly point as identified on the Fire Action Notices & practiced through fire drills

Do not re-enter the building until a responsible member of staff tells you that it is safe to do so.

Emergency assembly points are: - At top pf the Car Park

### **FIRST AID AND EMERGENCY PROVISIONS**

Whenever gymnastic activities are taking place it is imperative that the following emergency procedures and provisions are accessible and fully understood by all participants: -

- A register of all participants together with a contact number for their next of kin, parent or guardian and any medical condition is kept in the main training area and / or by the Pemberton Leisure Centre
- The Head Coach or assistant coach always has their mobile telephone with the register & registration forms.
- A list of relevant numbers including the nearest Hospital Casualty Department is kept at the Pemberton reception.
- Eclipse Gymnastics Club has a number of suitably trained and qualified First Aiders, one of whom will be present when any gymnastic activities are being performed.
- An appropriately stocked first aid kit is located at the reception desk.
- All coaches, helpers and participants must adhere to the accepted standards of good practice at all times.
- Always complete an incident/accident report form. Accident forms are completed by the Pemberton Centre, incident forms are recorded by Eclipse Gymnastics